



Pictured from Left to Right: (1st Row) Kevin Earls, Mrs. Terry Morales, Karl Hurd, Jerome McAfee, (Back Row) Jimmy Foster, Jr., Mayor Mike Morales, Russell Williams, and J.C. Bluntson.

Old Skool Appreciation Day Held

The Old Skool Organization had its 1st Annual Appreciation Day on Saturday, July 26th for the youth and the entire City of Eagle Lake. The Appreciation Day is an

Annual Event held for the recognition and advancement of our youth as well as mentoring and encouraging our youth that "they are the difference" in our society.

Free Food, Music, Refreshments, and a down right good time was shared by all.

For upcoming events and volunteer services for next H.E.A.R.T. Project, please contact Kevin Earls @ (979)257-7489, Jerome McAfee @ (979)531-9070, or email us at oldskool2007@sbcglobal.net.

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Drugs Used to Manage Type 2 Diabetes

An estimated 20 million Americans have a condition commonly referred to as *diabetes*. With type 2 diabetes, there is insulin resistance or decreased production of natural body insulin. Insulin is a hormone responsible for decreasing the amount of glucose in the bloodstream and regulating the use of glucose by body cells. In type 2 diabetes, glucose builds up in the blood stream because of a malfunction in either the production of insulin or cellular resistance to insulin. Signs of type 2 diabetes include increased thirst, frequent urination, and extreme hunger. The cause is not clearly known, although abdominal fat and inactivity may play an important role.

Healthy eating and regular physical activity are key components of keeping diabetes under control. Diabetes medications may be required in addition to healthy lifestyle habits. Sulfonylurea drugs, such as glipizide (*Glucotrol*) work to help the body produce more insulin. Metformin (*Glucophage*) improves the body's utilization of insulin, as well as helps the body to produce less glucose and absorb less glucose from food. Thiazolidinediones, such as pioglitazone (*Actos*) and rosiglitazone (*Glyset*) work to improve the body's use of glucose and help the body produce less glucose. Insulin therapy may be necessary for some persons with diabetes.

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Meet The Candidates Night August 26

It appears that the November 2008 election will have many far reaching consequences.

Will there be a Democratic sweep as some predict?

Will the power of the incumbencies be enough for the Republicans to maintain some control and power?

Will the general dissatisfaction with both parties allow for some of the Independent or third party candidates to be elected?

In order for voters to make a better decision as to which candidate they wish to support, the Taxpayers Association of Colorado County will be hosting a Meet the Candidates Night for the candidates to the U. S. House of Representatives. Mr. George Morovich, the Republican candidate, and Mr. Jim Stutsman, the Libertarian candidate have

confirmed they will attend.

Congressman Doggett, the Democratic candidate has been invited, but has not confirmed at this time.

The meeting will be Tuesday, August 26 at the EMS building on Radio Lane in Columbus, from 7 to 9 p.m. There will be a formal question and answer session, but adequate time will be allowed for visiting with the candidates individually and asking them your specific questions.

The public is cordially invited to attend and take advantage of the opportunity to meet these candidates face to face.

We are also planning a Meet the Candidates' Night for the Texas House of Representatives candidates in September, but that date has not been confirmed at this time.

2008 County Fair Catalogues Available

The 2008 Colorado County Fair Catalogues with rules for fine arts, photography, creative homemaking and some special events, along with the official entry forms are now available at the following locations: the County Extension Office and Potter's Western Store in Columbus, Weimar City Hall, First National Bank in Eagle Lake, Larry's Super Service in Garwood, Nada Grocery and Market, Sandy Creek Drive-In in Sheridan, Bernardo Farm and Ranch Supply and Heinsohn's Store in Frelsburg.

For information on the livestock show contact livestock superintendent Karl Valenta at 979-732-5441; the creative home-making show and country store, Beverly Tuck at 979-732-7277;

the queens' pageants and little/junior/mister/miss contests, Pamela Potter at 979-732-2705; the western art contest, Melissa Kilpatrick at 979-732-8781;

the art show, Deborah Petrosky at 979-732-3564; the photography contest, Patsy Warschak at 979-732-3823;

the parade, Kim Dyer at 979-732-8385, the rodeo and arena events, Kaylee Brune at 979-732-0616; commercial exhibits, Jane Meldahl at 979-234-5981;

food concessions, Molly Strunk Janak at 979-263-5665; the antique tractor pull, Keith Potter at 979-732-6201; the barbecue cook-off,

Henry Schneider at 979-732-2579. Additional volunteers are need for this year's fair. Persons interested in helping can contact Meldahl or Potter at the above numbers.

For all other information, call the fair office at 979-732-9266 and leave a message. Information is also available on the fair's web site at www.coloradocountyfair.org.

The 30th annual Colorado County Fair and Rodeo will run September 11-14, at the Colorado County Ag Complex and Fairgrounds located on the Highway 71 Bypass west of Columbus. Country western singer John Conlee and Jason Boland and the Stragglers will be the main stage headliners Saturday night.

CDA Hosts Dominoes

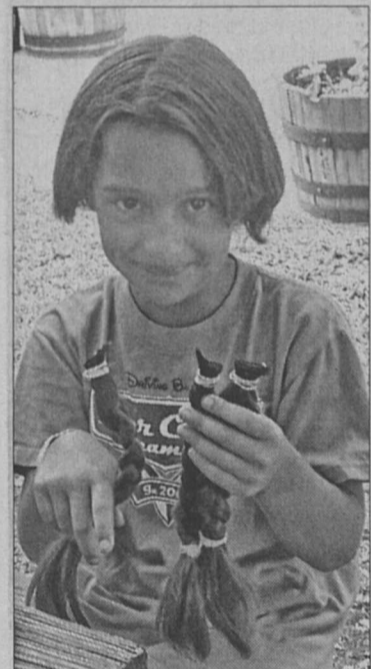
What could be better on a hot summer's day than enjoying cake, ice cream and playing dominoes with 35 senior friends.

That is the way it was on Wednesday July, 30 at St. Mary's Parish Hall in Nada. The party was hosted by CDA members, Helen Noteboom, Rosemary Wied, Irene Seifert, Leona Brzozowski and Anita Meisner.

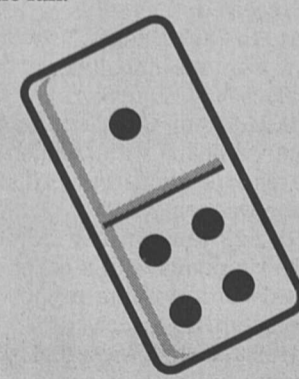
At the conclusion of the afternoon 42-high winner was Bernice Popp and 42-low Minnie Lee Conner, straight winners were Joyce Zbranek, Viola Kaluza, Cecelia Kallina and Pauline Leopold. Chicken foot winner Leona Brzozowski and Trinner winner Dorothy Faas. The traveling prize was awarded to Joyce Berkowsky. A monetary donation was received from Lily Pinchback.

Seniors celebrating birthdays during the month were Mary Ann Waligura, Lily Pinchback, Josephine Beck and Anita Meisner.

The next domino party will be held at St. Mary's Parish Hall on August 27 from 2-4:30 p.m. Area seniors are invited to join the fun.



Ryan Coffman, age 9, daughter of Clay and Paula Coffman of Cypress and granddaughter of Paul and R.C. Baumgarten of Garwood, donated 11 inches of hair to Locks of Love. She had her hair cut while attending Deer Creek Camp in Medina, Texas.



Obituary



Carol Ann Stover

Carol Ann Stover, 63, a manager for Wal-Mart transitioned from life to eternity Thursday, July 31 at a local hospital.

Celebration of life was held at 10 a.m. Monday at Matthew Road Baptist Church in Grand Prairie. Visitation was held from 3-5 p.m. Sunday, August 3 at Skyvue Funeral Home in Mansfield.

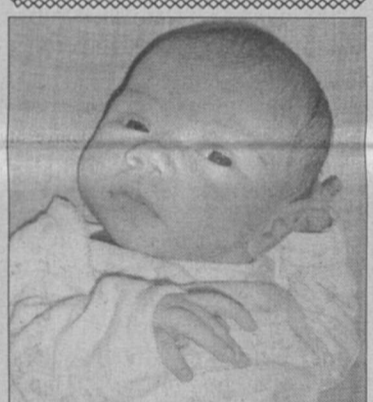
Burial was held at Skyvue Memorial Gardens.

Those left to cherish the memories, her husband and best friend for 42 years, David Stover; sons, David and wife, Stephanie and Daniel and wife, Alicia; sisters, Grace, Nora, Jeanette, and Mary; and grandchildren, Michelle, Brandon, Bradley, Meghan, Taylor, Jacob, and Chloe.

Sympathy is extended to the family in their loss.



New Arrival



Mabby Ann Machac

Aaron and Robyn Machac of Sheridan are pleased to announce the birth of their third child, a daughter, born July 21 at 11:22 p.m. at Rice Medical Center in Eagle Lake.

Mabby Ann weighed six pounds, four ounces and measured 21 inches at birth.

She was welcomed home by her big brother, Morgan and big sister, Maryn.

Maternal grandparents are Michael and Sylvia Rucka of Eagle Lake.

Paternal grandparents are Bennie and Beverly Machac of Sheridan.

Maternal great-grandparents are Julie Zbranek of Eagle Lake and the late Ludwig Zbranek and Preston and Barbara Davis of Eagle Lake, and the late "Shorty" Rucka.

Paternal great-grandparents are Otis and JoAnn Wagner of Swiss Alp, and Henrietta Machac of Schulenburg and the late Ben Machac.

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Eagle Lake Headlight

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- EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
- GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
- GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
- MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
- LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
- BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
- ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
- CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
- THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
- GREATER NEW FAITH CHURCH: 6406 Guylar, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
- EAST BERNARD FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collison, Pastor; 234-2571.
- FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
- IGLESIA BAUTISTIA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
- GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
- WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
- PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
- CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
- ROCK ISLAND BAPTIST: Bob Allison, Pastor.
- SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
- WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

- CHURCH OF CHRIST: Sheridan.
- NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
- CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
- HOLY CROSS CATHOLIC CHURCH: East Bernard.
- CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
- ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
- GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.
- LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
- LISSIE UNITED METHODIST: J.L. Craft, Pastor; 234-2112, Lissie.
- ROCK ISLAND METHODIST: Ken Sells Jr. Lay-Pastor.
- UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
- FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
- VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
- CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
- THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
- CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
- THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
- SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
- ASSEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.
- BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith, 979-543-2331 -non-denominational.

Bible Verse of The Week

"For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ."

II Corinthians 4:6
Submitted by Donna Samora

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